

How to get to the UK Biobank Assessment Centre, Newcastle

By Train: Newcastle Central Railway Station is approximately 2 miles away, and is about 10 minutes by car or a 32 minute walk.

By Bus: Quaylink Q3 service to Wallsend runs from Haymarket John Dobson Street. Alight at Walker Road / St Lawrence Square stop (journey time 5-10 minutes). We are a 3 minute walk from the bus stop. Follow the bus route, then turn right onto St Lawrence Road, and follow the road around. Turn left onto Hawick Crescent, the centre will be on your left.

By Cycle: Advice on cycling can be found by visiting:

<https://www.newcastle.gov.uk/our-city/transport-improvements/transport-and-air-quality/cycling-and-walking>

By Car: For Sat Nav use postcode: NE6 1AS. What 3 Words: ///linked.translated.served

Approaching from the A1 North - Leave the A1 at junction 77 signposted Jedburgh A696/City Centre A167. At Kenton Bar roundabout take the 1st exit on to Ponteland Rd/A167 signposted City Centre. At the roundabout, take the 2nd exit and stay on Ponteland Rd/A167. Go through 2 roundabouts, and continue to follow the A167. Continue onto the A167(M) signposted City Centre East & South. Take the A186 exit signposted Walker, City Centre (South). At roundabout take the 1st exit towards Walker A186. Continue to follow A186. Turn right on to Pandon Bank/A186 signposted Quayside parking. Turn left on to City Rd / Pilgrim St / A186 signposted Riverside Route, Walker, Wallsend. At traffic lights, turn left on to City Rd / A186. Continue to follow A186. You will pass Barclays offices on the right and the Premier Inn and Hotel du Vin on your left. Continue along Walker Road and go straight over at the traffic lights. Turn right in 200m on to Hawick Trading Estate. Follow the road around to the left for about 100 yards and then turn left on to Hawick Crescent. We are the 1st unit on the left.

Approaching from the A1(M) South – Leave the A1(M) at junction 66 signposted Gateshead (South) A167. At the roundabout take the 3rd exit onto the A167, signposted Gateshead (South) A167. Continue on the A167 following signs for Newcastle. Cross the Tyne Bridge, making sure you stay in the left-hand lane and take the exit signposted City Centre (South), Walker, A186, immediately at the end of the bridge. Stay in the right-hand lane. Go all the way around the roundabout and take the 4th exit signposted Quayside, Walker, A186. You should see “Cuthbert House” directly in front of you, make sure you turn left here. Continue to follow A186. Turn right on to Pandon Bank/A186 signposted Quayside parking. Turn left on to City Rd / Pilgrim St / A186 signposted Riverside Route, Walker, Wallsend. At traffic lights, turn left on to City Rd / A186. Continue to follow A186. You will pass Barclays offices on the right and the Premier Inn and Hotel du Vin on your left. Continue along Walker Road and go straight over at the traffic lights. Turn right in 200m on to Hawick Trading Estate. Follow the road around to the left for about 100 yards and then turn left on to Hawick Crescent. We are the 1st unit on the left.

Parking: There is free parking on site, with participant parking available directly in front of the building.

Note: You will require a permit to park at any other location, please enquire at the reception desk if one is needed. The centre has disabled access, however, if you require any assistance to attend, please let us know by phoning free of charge on 0800 0 276 276.

